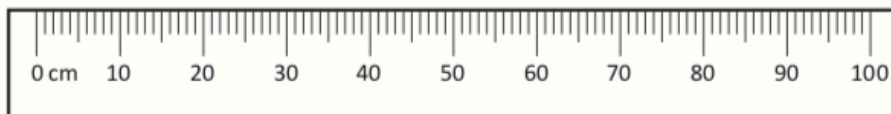


Units of length – metres and centimetres

We use metres, centimetres and millimetres regularly in everyday life. There are 100 centimetres in 1 metre. Another way to think about this relationship is that 1 centimetre is one hundredth of a metre.

$$100 \text{ cm} = 1 \text{ m} \quad 1 \text{ cm} = \frac{1}{100} \text{ m or } 0.01 \text{ m} \quad \text{So } \frac{1}{2} \text{ m} = 50 \text{ cm} = 0.5 \text{ m}$$



Convert each metre measurement into centimetres:

a $2 \text{ m} = \boxed{} \text{ cm}$ **b** $4 \text{ m} = \boxed{} \text{ cm}$ **c** $\frac{1}{4} \text{ m} = \boxed{} \text{ cm}$
d $9 \text{ m} = \boxed{} \text{ cm}$ **e** $\frac{1}{2} \text{ m} = \boxed{} \text{ cm}$ **f** $1\frac{1}{4} \text{ m} = \boxed{} \text{ cm}$

Convert each centimetre measurement to metres:

a $10 \text{ cm} = \boxed{} \text{ m}$ **b** $30 \text{ cm} = \boxed{} \text{ m}$ **c** $90 \text{ cm} = \boxed{} \text{ m}$
d $50 \text{ cm} = \boxed{} \text{ m}$ **e** $75 \text{ cm} = \boxed{} \text{ m}$ **f** $80 \text{ cm} = \boxed{} \text{ m}$

Match these objects to their correct measurement by connecting them with a line:



37 m

45 cm

5 cm

83 cm

1 m 15 cm

12 cm

Measure the length of the lines below using a ruler. Write each length in centimetres, to the nearest centimetre.

a  cm

b  cm

c  cm

Answer these questions about the lines above:

a How much longer is line **b** than line **c**?

 cm

b What would the length of line **b** be if it was 3 cm shorter?

 cm

c What would the length of line **c** be if it was 9 cm longer?

 cm

Work with a partner to measure the following parts of your body with a tape measure. Label your measurements to the nearest centimetre in the boxes.

a Across your shoulders.

 cm

b Around your head.

 cm

c Around one ankle.

 cm

d Around one wrist.

 cm

e From your foot to the top of your thigh.

 cm

f Around one knee.

 cm

g From the top of your forehead to your chin.

 cm